

### HEALTH & BEALITY

# Skin deep with Samantha Altea

#### RAZZLE, DAZZLE EM

Going to any parties or functions this holiday season? Want to razzle dazzle 'em, but not quite sure how? Well, before you hang up your high heels in despair, I've got the party low down – head to toe tips for how to sparkle the night away at any shindig.

I began in Bloomingdale's and discovered that this holiday season calls for plenty of glitz, glam and shimmer and that starts with make-up. This year's hot holiday color pallet is bronze and gold, with accents of frosted pink and hot pink, going all the way to racy red. The look du jour is shimmery metallic accents. This can be seen on eyes, lips and cheeks. Plus, don't forget to add plenty of glitter (read more shimmer) on highlights of the face and even body.

To get the metallic eye look, try Clinique Touch Tint for eyes, \$13.50, or Prescriptives bronze eye shadows \$13. For lips, check out one of Trish McEvoy's lip pallets in her treasures collection. You can get an array of bronze toned lip tints, \$38 as well as a Pink infused collection \$48. Or go for Bobbi Brown's bronze Lip Color in Cocoa \$19.

Glamming up the whole make-up marketplace are glitter, glimmer, and shimmer products for the face and body, and so this is the year to sparkle. Try shimmer swept across the collar bone and shoulders for a little party pizzazz, or accents on the cheeks, forehead, jawline...cleavage or even legs. I called the office of regular Hamptonite and celebrity make-up guru, Bobbi Brown, for some holiday hints. Bobbi says that, Shimmer's always in style for the holidays. To make the look fresh this year, use a shimmery face powder with pink tones to it — it'll give you a soft, flattering glow and is more

modern than obvious sparkles. So try Bobbi Brown's Pink Shimmer Brick, \$35. Or go the more metallic route with Estee Lauder's Star bright Crème patina, \$25. A creamy gold star nestles inside frosted silver cream to give you the option of silver and gold.

And speaking of gold, all that glitters this season really is gold, so pull out all your bold gold jewelry, and take a gold leaf out of J-Lo's book — add some bling, bling for that party swing. These days, women aren't waiting for men to buy them diamonds and pearls...sisters are doing it for themselves. Get yourself a right hand diamond ring. It's the latest craze. But if diamonds aren't in your budget, there's plenty of novelty jewelry out there that works just as well to add a glamorous accent to an outfit. I spoke to personal style consultant Pamela Bouchard, who styles clients in NYC, Westchester and the Hamptons, to see what to wear to parties this year. Fashion is mirroring the make-up trend, according to Pamela. So holiday fashion takes on the gilded age of gold and bronze metallic.

"It's all about elegant timeless glamour," she says and suggests "classic retro inspired accessories to give a punch to simple holiday looks." Pamela says that sequins and satins are very hot for the holidays as well as lurex-infused knits and wovens. But her main tip is to accessorize, accessorize, accessorize. Go for bronzed metallic finished bags, strappy gold Manolos, or Jimmy Choo sandals (3 inch heels are a must), lush fur wraps (fur is back with a vengeance) and chunky statement jewelry. If you want an accent color, try fuchsia sorbet to crimson reds.

Now what about your hair? Up dos are the rage this year, so try a chignon for sleek retro glamour. You can

buy a hair cushion to help achieve the look from most drug stores. Put hair in a low ponytail and then wind it around the cushion and secure.

Don't forget hand and toenails done in pinks, reds or shimmering metallic tones before you finish your holiday look with one last sweet smelling flourish. Try Happy perfume, by Clinique, in a special holiday edition...it comes with real sparkles added!

Now you've surely added sparkle to your holiday season, I hope you'll have a glittering New Year.

Happy Holidays!

If you have any questions about this or other Skin Deep columns, please email samaltea@cs.com.



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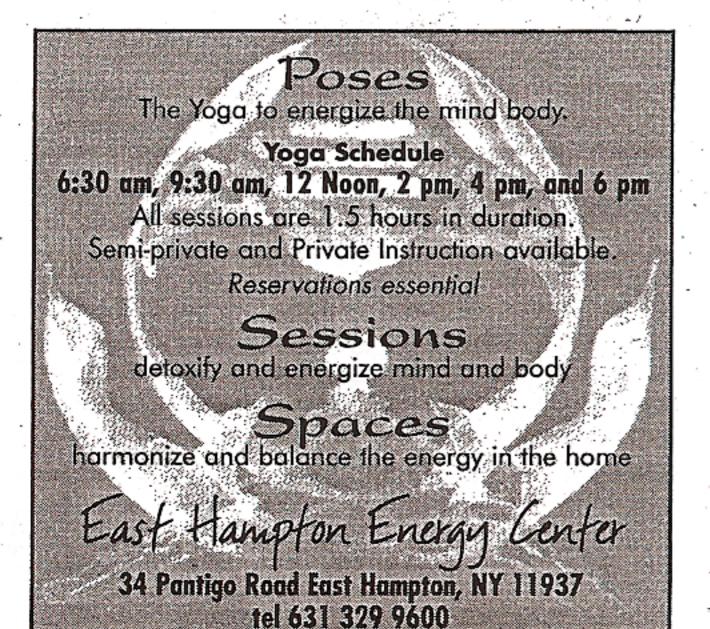
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